

KEEP IT CLEAN

Our Downloadable Spring Cleaning Checklist

1. BEDROOMS

- Dust- Start at the top and work your way down
 - Air Vents
 - Ceiling Fan Blades
 - Window Ledges
 - Art
 - Mirrors
 - Walls
- Flip your mattress
- Change your pillows every 4-6 months
- Donate old ones to a local animal shelter
- Change your sheets
- Trade out heavier blankets for lighter, more seasonal ones
- Change out your wardrobe
 - Donate any old items to a local shelter or consignment shop

2. BATHROOMS

- Replace Shower Liners- this should be done every 6 months
- Replace your bathmat
- Dust- Start at the top and work your way down
 - Air Vents
 - Window Ledges
 - Mirrors
 - Walls
- Scrub the Toilet
- Scrub the Shower/Tub
- Scrub the Sink
- Clean out your medicine cabinet
- Soak faucets in a vinegar solution- this helps remove calcium buildup
- Vacuum and Mop

3. LIVING ROOMS

- Dust- Start at the top and work your way down
 - Air vents
 - Window Ledges
 - Ceiling Fan Blades
 - Bookcases
 - Walls
 - Art
- Wash your curtains or blinds
- Wipe down doorknobs, door frames, windows, etc
- Vacuum and Mop
- Steam any carpets or rugs

4. KITCHENS

- Dust- Start at the top and work your way down
 - Air vents
 - Ceiling Fan Blades
 - Window ledges
 - Top of the Refrigerator
 - Walls
- Remove all food from the Refrigerator & Freezer
- Put everything into a cooler with plenty of ice
- Discard all expired or old food
- Clean the insides
- Defrost Freezer
- Allow up to 8 hours before putting food back in
- Clean out your pantry of all expired or old food, spices, spreads, etc
- Safely dispose of all edible and potable items
- Scrub oven, range, toaster, cabinets, countertops, microwave, & any other appliances
- Deodorize and de-grease kitchen sink drain
- Swap out old sponges
- Run dishwasher with a bowlful of vinegar on the top rack
- Vacuum and Mop

5. EXTERIORS

- Discard any blown leaves, weeds, etc.
- Spruce up your entrance with a new welcome mat
- Clean window exteriors
- Wipe down patio/balcony furniture
- Sit down, feel the breeze, enjoy the fruits of your labor!